

No. 077 TROUBLE SHOOTING GUIDE

This quick guide on No. 077 Meter will help you understand how to properly read and understand the performance meter. The second paragraph will describe the gyro-scoping technology.

WHAT THE MONITOR READS:

TIME: Measures the amount of time you have been exercising.

CALORIES BURNED: An approximation of calories that have been burned.

COUNT (CNT): This counts each individual row.

SCAN: Total number of Rows performed on the No.077

The performance monitor works with gyro-scoping technology. This means that you **MUST** perform a **COMPLETE** Row in order for the monitor to register the count. If you do not pull the handle to a complete row, the LCD Monitor will not register the count. If a count is not registered, this does **NOT** mean your counter is broken. You just need to ensure you are pulling correctly.

